

## 80/20 Lesson Plan Analysis Worksheet

*80/20 Principle:* "80% of the outputs result from 20% of the inputs"

*GOAL:* Find inefficiencies and eliminate them, find strengths and multiply them

Date:

<b>20% Activities = 80% Stress</b>	<b>20% Activities = 80% Happiness</b>
<b>Describe what stresses you out:</b>	<b>Describe the ideal class experience:</b>
<b>What leads to the most stress?</b>  •  •  •	<b>What leads to the most success?</b>  •  •  •
<b>Remove or Improve:</b>  •  •	<b>Repeat:</b>  •  •