Q & A

WHY A YEAR OF FAITH?

THE YEAR IS AN OCCASION FOR THE FAITHFUL TO UNDERSTAND MORE PROFOUNDLY THAT THE FOUNDATION OF CHRISTIAN FAITH IS "THE ENCOUNTER WITH AN EVENT, A PERSON, WHICH GIVES LIFE A NEW HORIZON AND A DECISIVE DIRECTION." FOUNDED ON THE ENCOUNTER WITH THE RISEN CHRIST, FAITH CAN BE REDISCOVERED IN ITS WHOLENESS AND ALL ITS SPLENDOR. "IN OUR DAYS TOO, FAITH IS A GIFT TO REDISCOVER, TO CULTIVATE AND TO BEAR WITNESS TO" BECAUSE THE LORD "GRANTS EACH ONE OF US TO LIVE THE BEAUTY AND JOY OF BEING CHRISTIANS." (D.

WHY PRAY THE CREED?

THE LATIN ROOT OF THE WORD CREDO MEANS "I GIVE MY HEART TO." IN HEBREW IT MEANS "STEADFASTNESS". WHEN WE PRAY THE CREED, WE ARE GIVING OUR HEART AND FIDELITY TO GOD (WHO GIVES YOU HIS HEART & LOYALTY FOR ALL OF ETERNITY). (2)

WHERE IS FAITH SEEN IN SCRIPTURE? (TO GET YOU

STARTED...) MATTHEW 8:26 MARK 10:52; 16:16 **JAMES 2:17** EPH 4: 3-6 HEB 11:1

NICENE CREED

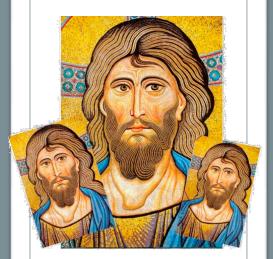
I BELIEVE IN ONE GOD, THE FATHER ALMIGHTY, MAKER OF HEAVEN & EARTH, OF ALL THINGS VISIBLE AND INVISIBLE. I BELIEVE IN ONE LORD JESUS CHRIST, THE ONLY BEGOTTEN SON OF GOD, BORN OF THE FATHER BEFORE ALL AGES. GOD FROM GOD. LIGHT FROM LIGHT, TRUE GOD FROM TRUE GOD, BEGOTTEN, NOT MADE, CONSUBSTANTIAL WITH THE FATHER; THROUGH HIM ALL THINGS WERE MADE.

FOR US MEN & FOR OUR SALVATION HE CAME DOWN FROM HEAVEN, & BY THE HOLY SPIRIT WAS INCARNATE OF THE VIRGIN MARY, & BECAME MAN.

FOR OUR SAKE HE WAS CRUCIFIED UNDER PONTIUS PILATE, HE SUFFERED DEATH AND WAS BURIED, & ROSE AGAIN ON THE THIRD DAY IN ACCORDANCE WITH THE SCRIPTURES. HE ASCENDED INTO HEAVEN & IS SEATED AT THE RIGHT HAND OF THE FATHER. HE WILL COME AGAIN IN GLORY TO JUDGE THE LIVING & THE DEAD & HIS KINGDOM WILL HAVE NO END.

I BELIEVE IN THE HOLY SPIRIT, THE LORD THE GIVER OF LIFE, WHO PROCEEDS FROM THE FATHER & THE SON, WHO WITH THE FATHER & THE SON IS ADORED & GLORIFIED, WHO HAS SPOKEN THROUGH THE PROPHETS. I BELIEVE IN ONE, HOLY, CATHOLIC & APOSTOLIC CHURCH. I CONFESS ONE BAPTISM FOR THE FORGIVENESS OF SINS & I LOOK FORWARD TO THE RESURRECTION OF THE DEAD & THE LIFE OF THE WORLD TO COME. AMEN

YEAR FAITH



TO ENTER THROUGH THE "DOOR OF FAITH" (ACTS 14:27) IS TO SET **OUT ON A JOURNEY** THAT LASTS A LIFETIME.

POPE BENEDICT XVI. PORTA FIDEI





OCTOBER 11, 2012 **NOVEMBER 24, 2013**

- 1. PRAY THE NICENE CREED TOGETHER EVERYDAY, OR AT LEAST BEFORE FAMILY DINNER ON SUNDAY.
- 2. LIVE SUNDAY AS A FAMILY DAY AND ATTEND MASS TOGETHER.
- 3. FIND OUT EVERYONE'S BAPTISMAL ANNIVERSARY & CELEBRATE THE GIFT OF GOD'S LOVE & OF FAITH.
- 4. PLANT A GARDEN FROM SEEDS, TEND IT & WATCH!



YEAR OF FAITH 2013

- 14. DRIVE YOUR KIDS TO SCHOOL ONE DAY & STOP TO SEE THEIR LOCKER[©].
- 15. READ THE SUNDAY MASS READINGS ON SATURDAY EVENING.
- 16. AT BIRTHDAY CELEBRATIONS, TELL THE PERSON WHAT YOU ARE GRATEFUL FOR ABOUT THEIR LIFE.
- 17. INVITE YOUR NEIGHBORS TO DINNER.
- 18. VISIT COMO ZOO & MARVEL AT GOD'S CREATION & HIS CREATIVITY!

- 30. COMPLIMENT PEOPLE, **ESPECIALLY YOUR SPOUSE!**
- 31. PLAY WITH YOUR KIDS IN THE SNOW (WHEN IT COMES!)
- 32. TALK TO YOUR KIDS ABOUT RELATIVES WHO ARE FAR AWAY OR DECEASED.
- 33. PLAY A BOARD GAME TOGETHER.
- 34. PRAY THE ROSARY (OR AT LEAST A DECADE) TOGETHER.
- 35. MAKE A MANGER SCENE TOGETHER AS A FAMILY FOR CHRISTMAS.
- 36. INVITE A PRIEST TO COME & BLESS YOUR HOUSE.
- 37. READ OUT OF THE CATECHISM TO KNOW THE TEACHINGS OF THE CHURCH.
- 38. VISIT THE CATHEDRAL OF SAINT PAUL.
- 39. OPEN THE DOOR OF FAITH TO ANOTHER PERSON.
- 40. DONATE UNUSED TOYS OR CLOTHES TO A SHELTER.
- 41. TAKE TIME TO ADORE THE BLESSED SACRAMENT.
- 42. REFLECT ON THE GIFT OF FAITH- WHO IS GOD FOR YOU?
- 43. BAG SOMEONE ELSE'S GROCERIES.
- 44. FIND THE POSITIVE IN THE NEGATIVE.
- 45. READ A PASSAGE ON FAITH (OTHER SIDE) AND PRAY THE CREED ©

45 WAYS TO CELEBRATE THE YEAR OF FAITH IN FAMILY

- 5. SET A GOAL, MAKE A PLAN TO WORK TOWARDS IT & CELEBRATE ACCOMPLISHMENTS- BIG & SMALL.
- 6. TELL EACH FAMILY MEMBER YOU LOVE THEM EACH DAY & BELIEVE IN THE DIFFERENCE IT WILL MAKE!
- 7. Pass on dessert, offering it for a SPECIAL INTENTION & BELIEVE IN THE GOOD IT WILL DO!
- 8. IN A MOMENT OF FRUSTRATION, SAY A PRAYER RATHER THAN SWEAR.
- 9. SURPRISE YOUR KID(S) & PICK THEM UP FROM SCHOOL TO GO & PLAY IN THE PARK TOGETHER.
- 10. PUT A NOTE IN YOUR CHILD'S BACKPACK SO THEY FIND IT AT SCHOOL... BELIEVE IT WILL CHANGE THEIR DAY.
- 11. EAT DINNER TOGETHER AT LEAST ONCE A WEEK AS A FAMILY.
- 12. FIND TIMES OF SILENCE (IN THE CAR, GO FOR A WALK, TURN OFF THE TV, COMPUTER & CELL PHONE, EVEN TEXTING) THEN LISTEN.
- 13. WAKE UP EARLY & PREPARE BREAKFAST.

- 19. ARRIVE 15 MINUTES EARLY TO MASS (OR SERVICE) ON SUNDAY TO BE WITH GOD. THANK HIM FOR YOUR LIFE!
- 20. PRAY THE NICENE CREED TOGETHER.
- 21. VISIT A NURSING HOME & THE RESIDENTS, MANY ARE WITHOUT FAMILY & WOULD LOVE A © AND FRIENDLY CONVERSATION.
- 22. INVITE YOUR KIDS' FRIEND'S PARENTS TO DINNER. SHARE ABOUT YOUR FAMILIES.
- 23. MAKE A DATE WITH EACH CHILD PERSONALLY. TALK, LISTEN, SHARE...LOVE!
- 24. SAY NO WHEN NECESSARY & HAVE FAITH YOU ARE PREPARING YOUR KIDS FOR THE UPS AND DOWNS OF LIFE, AND TEACHING THEM TO TRUST IN GOD, WHO LOVES US!
- 25. BUY A PICTURE OF JESUS, MARY, A FAVORITE SAINT OR A CRUCIFIX & PUT IT UP IN YOUR HOUSE- THEY'RE PART OF YOUR FAMILY TOO!
- 26. READ A FAVORITE BOOK TO YOUR KIDS.
- 27. SMILE, IT'S GOOD TO BE ALIVE!!! ©
- 28. SEEK NOT TO INTERRUPT ONE ANOTHER.
- 29. FEED THE BIRDS, YOU'RE THEIR STEWARD!