

BODY

Needs food and water to survive

We can see it

Stays on earth after death

United with the soul in life

Reunited with the soul at the Last Judgment

SOUL

Needs spiritual food to survive

We cannot see it

Goes to purgatory, heaven, or hell after death

United with the body in life

Reunited with the body at the Last Judgment

SPIRIT

We cannot see it

Directs us toward God and heaven

Infused in the body and soul in life

Leads us toward God